



Los Angeles Fire Department  
CERT Unit  
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[www.CERT-LA.com](http://www.CERT-LA.com)

## ARE YOU PREPARED FOR:

Earthquakes · Fires · Power Outage · Terrorism · Public Health Crisis · Adverse Weather  
· · All Hazards Training · ·

### WHAT IS CERT?

The Federal Emergency Management Agency (FEMA), using the model created in 1987 by the Los Angeles City Fire Department (LAFD), implemented a nationwide Community Emergency Response Team (CERT) program in 1994. Since then, CERT's have been established in hundreds of communities throughout the country, and the world.

CERT training promotes a partnership between professional emergency services and the people that they serve. The goal is for emergency personnel to train members of neighborhoods, community organizations, and workplaces in basic emergency response skills. CERT trained members enhance the emergency response capability for their area.

If a disastrous event overwhelms or delays the community's professional response capabilities, CERT members can assist themselves, their families and others, by applying the basic response and organizational skills that they learned during training. Following a disaster, these skills can help save and sustain lives until help arrives. CERT skills also apply to smaller scale daily emergencies.



CERT training exercise/skills refresher



### WHAT YOU WILL LEARN

#### DISASTER PREPAREDNESS

Introduction to disasters, their impact, and the hazards posed by building and non-structural items. Emphasis on the role of CERT in many disaster scenarios.

#### DISASTER PSYCHOLOGY

Understanding the stresses of being a disaster service worker, how to cope with those stresses for yourself and others.

#### DISASTER MEDICAL OPERATIONS

Treatment strategies for life threatening conditions and the principles of triage.

#### PATIENT ASSESSMENT

Patient assessment and treatment for multiple types of injuries.

#### DISASTER FIRE SUPPRESSION

Identifying and reducing potential fire hazards, basic fire suppression strategy, fire fighting resources, and fire fighting techniques.

#### LIGHT SEARCH AND RESCUE

Search and Rescue priorities and resources, techniques for size-up (determining if a building is safe to enter), search, lifting, cribbing (safely removing victims buried under debris), plus rescuer safety.

#### TERRORISM

Understanding the terrorist, their weapons, and what you can do to make a difference.

### SIGN-UP FOR CLASSES

The class runs for 2½ hours, one day a week (morning, afternoon or evening) for seven weeks for a total of 17½ hours of training. There are no prerequisites to attend the training and all adults, 18 and older, are invited to participate.

**For class schedules & locations, visit:**  
[www.CERT-LA.com/eventbrite](http://www.CERT-LA.com/eventbrite)



**COMMUNITY EMERGENCY RESPONSE TEAM**  
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The Los Angeles Fire Department's CERT Program (free of charge) was developed because of the need for a well-trained civilian emergency work force. The CERT Program provides for community self-sufficiency through the development of multifunctional response teams who

act as an adjunct to the city's emergency services during major disasters. When emergencies happen, CERT members can give critical support to first responders, and provide immediate assistance to victims.



## LAFD CERT Class Syllabus

	<p><b>CLASS 1 - INTRODUCTION, EARTHQUAKE AWARENESS</b></p> <ul style="list-style-type: none"> <li>• Registration</li> <li>• Introduction</li> <li>• Earthquake Threat in Southern California</li> <li>• Personal &amp; Family Preparation</li> <li>• Nonstructural Hazard Mitigation</li> </ul>
	<p><b>CLASS 2 - TEAM ORGANIZATION &amp; DISASTER PSYCHOLOGY</b></p> <ul style="list-style-type: none"> <li>• Developing a Response Team</li> <li>• Incident Command System "ICS"</li> <li>• Psychological "Size-Up"</li> </ul>
	<p><b>CLASS 3 - DISASTER MEDICAL OPERATIONS (SESSION 1)</b></p> <ul style="list-style-type: none"> <li>• Recognizing Life-Threatening Emergencies</li> <li>• Triage</li> <li>• Treating Life-Threatening Emergencies</li> </ul>
	<p><b>CLASS 4 - DISASTER MEDICAL OPERATIONS (SESSION 2) AND MULTI-CASUALTY INCIDENT</b></p> <ul style="list-style-type: none"> <li>• Head-to-Toe Evaluation</li> <li>• Treating Non-Life-Threatening Emergencies</li> <li>• Treatment Area Management</li> </ul>
	<p><b>CLASS 5 - DISASTER FIRE SUPPRESSION TECHNIQUES</b></p> <ul style="list-style-type: none"> <li>• Fire Chemistry</li> <li>• Fire Extinguisher Use</li> <li>• Utility Control</li> <li>• Creative Firefighting Techniques</li> <li>• Hazardous Materials / Placarding</li> </ul>
	<p><b>CLASS 6 - LIGHT SEARCH &amp; RESCUE OPERATIONS</b></p> <ul style="list-style-type: none"> <li>• Evacuation</li> <li>• Search Techniques</li> <li>• Rescue Methods / Cribbing</li> </ul>
	<p><b>CLASS 7 - TERRORISM &amp; HOMELAND DEFENSE</b></p> <ul style="list-style-type: none"> <li>• History of Terrorism</li> <li>• Do's and Don'ts During a Terrorist Act</li> <li>• Homeland Defense Tips</li> </ul>