

Just Be Ready. Prepare Together.



EMERGENCY PREPAREDNESS CHECKLIST

10

Essential Items For An Emergency Kit



1. Water

Three days to a week supply - one gallon per person and per pet per day. Remember your pets!



2. Food

Three days to a week supply of non-perishable foods and a manual can opener. Remember your pets!



3. Cash & Important Documents

(deeds, insurance papers, medical cards, birth certificates, etc.)



4. Clothes

Sturdy shoes, and comfort item for each family member



5. Flashlight

and extra batteries



6. First Aid Kit

and manual



7. Medicine

Over-the-counter and prescription medications, and supplies (like syringes, "g-tube" supplies, etc.).



8. Radio

and extra batteries



9. Toiletries

(diapers, sanitary napkins, trash bags, toilet paper, and paper towels)



10. Tools

for medical equipment (like oxygen tank wrench), fire extinguisher, adjustable wrench, sturdy gloves and whistle

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