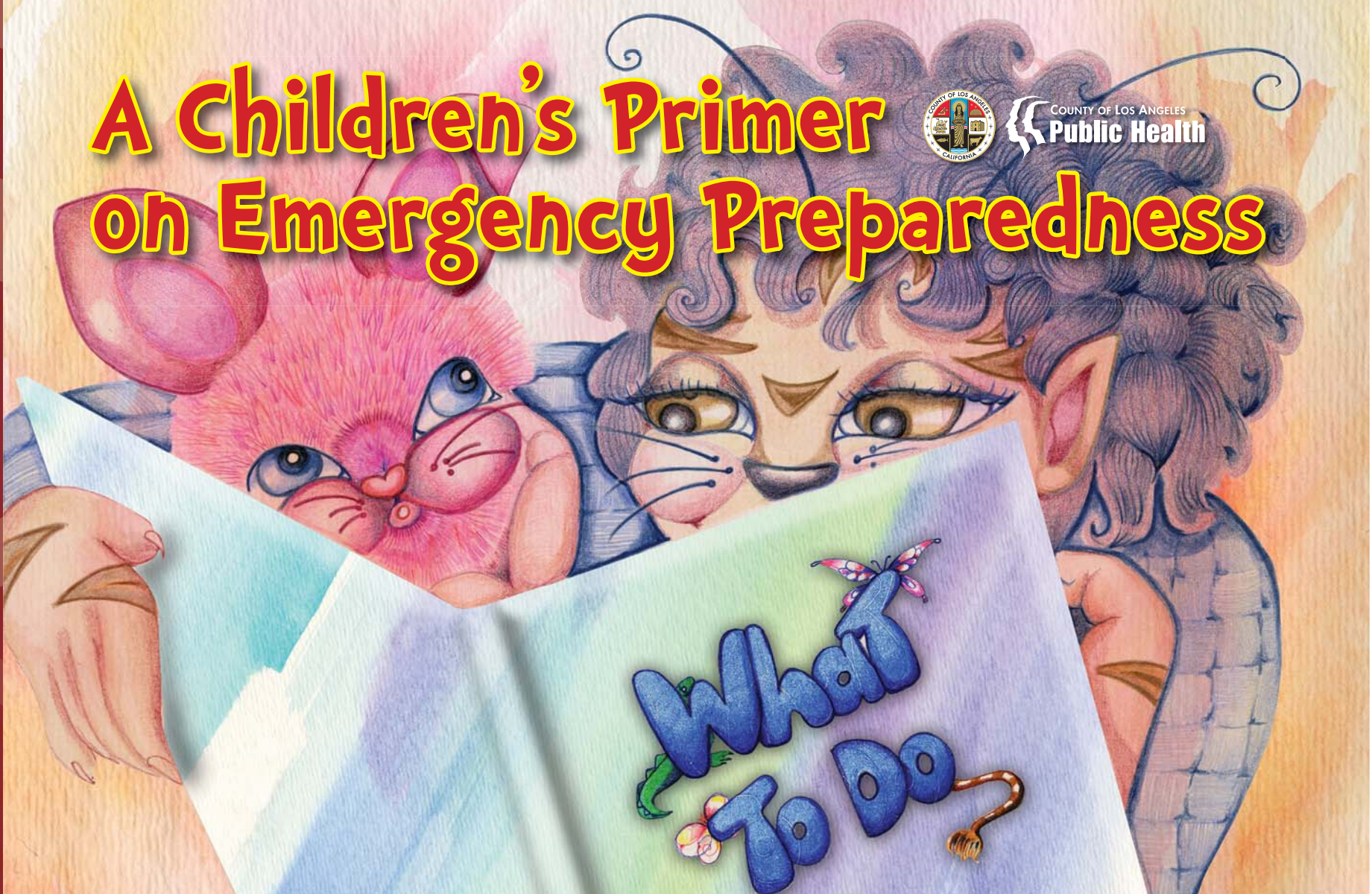


# A Children's Primer on Emergency Preparedness



What  
To Do







This book is to help us  
Learn what to do  
In case of emergency  
To help me and you

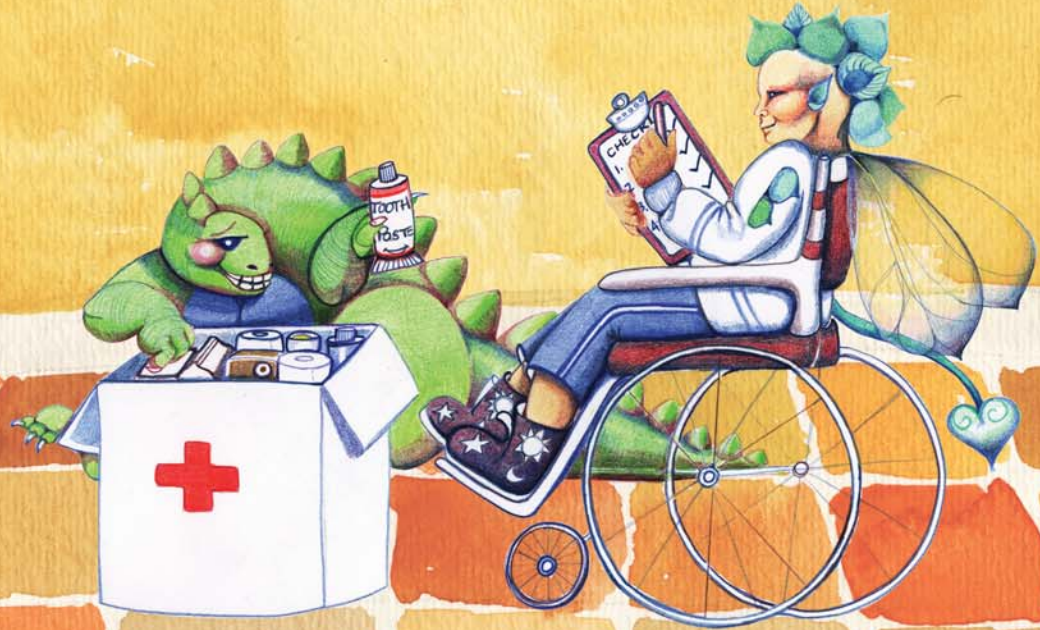
We have to get ready  
It will help us be strong  
And if we make a plan now  
We cannot go wrong





Because bad things  
can happen  
And scary ones too  
It is very important  
That you know what to do

Let's look for our kit  
That will help us, indeed!  
We'll check to make sure  
It has all that we need





Water and food

Tools and supplies

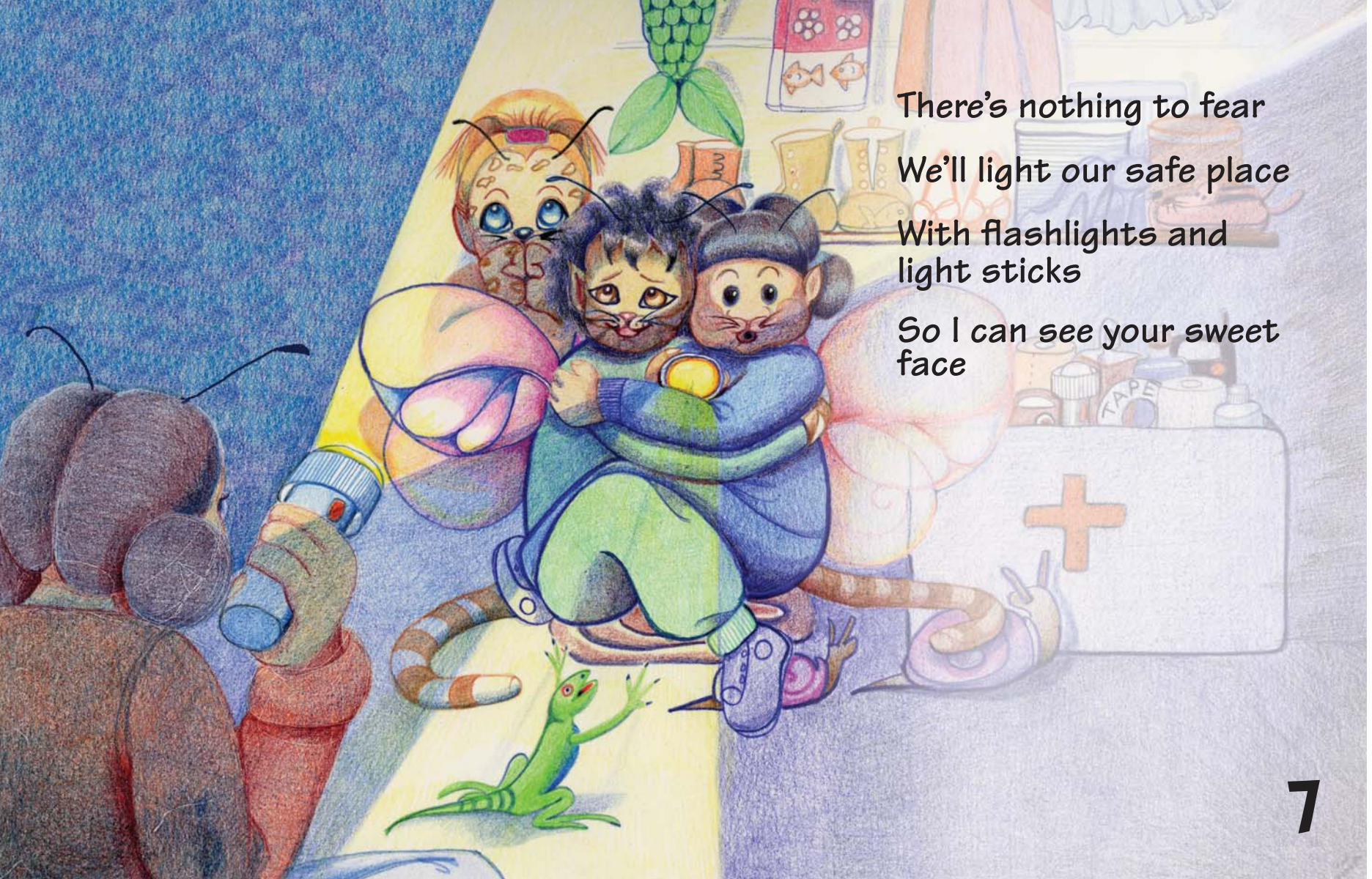
Medicine we take

And clothes in all sizes

A flashlight inside  
In case there's no light  
Will help us get through  
If we need it at night







There's nothing to fear  
We'll light our safe place  
With flashlights and  
light sticks  
So I can see your sweet  
face

Now let us prepare  
What we should do  
If an emergency happens  
To help me and you



In case of a fire  
Don't stay inside  
Get away from the flames  
But don't run and hide



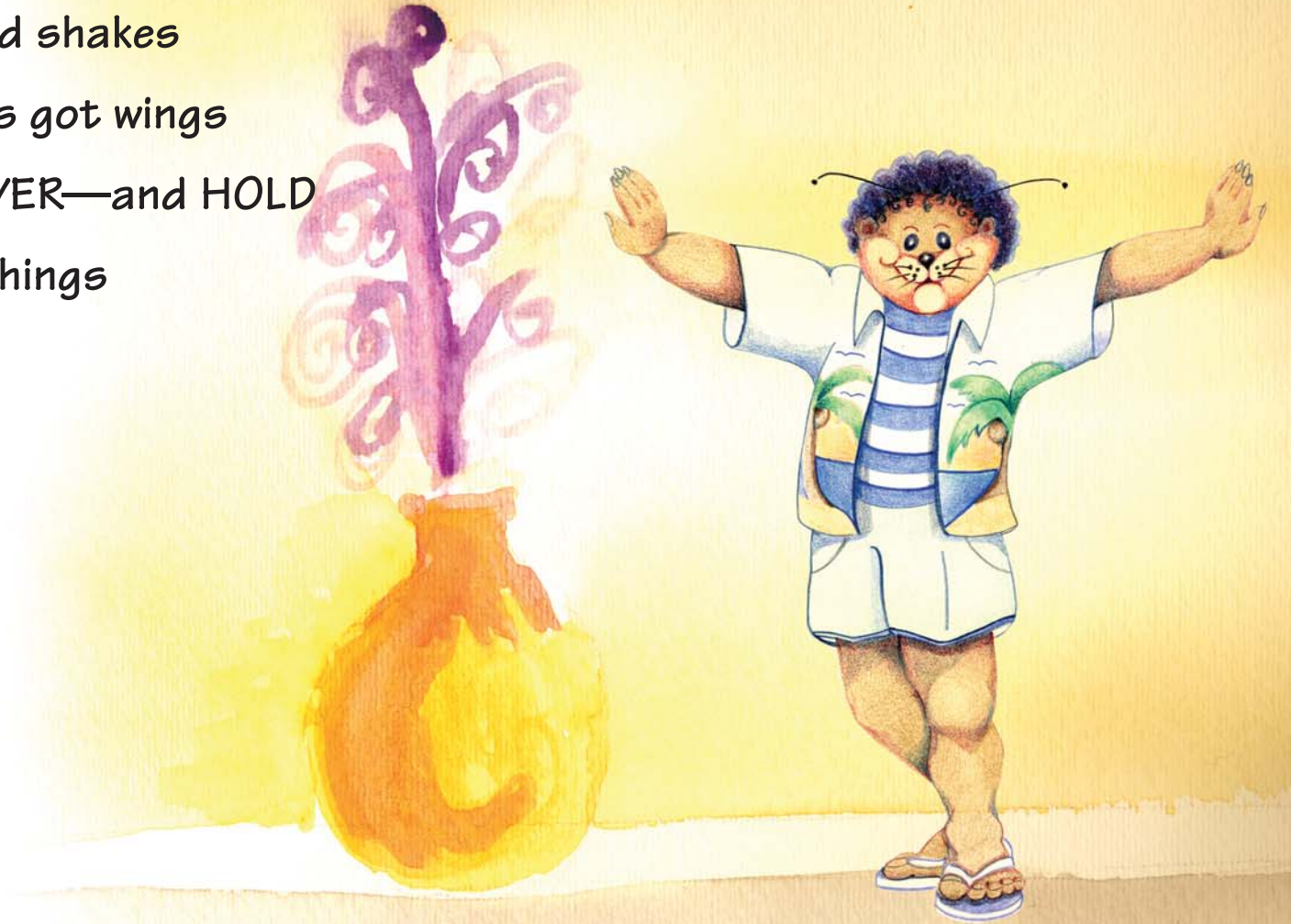
Make sure you find someone  
To show you're OK  
Wait with them 'til I find you  
And stay out of the way





STOP – DROP—and ROLL  
If your clothes catch fire  
STOP – DROP—and ROLL  
And the flames will expire

And if the ground shakes  
Like the floor has got wings  
We'll DROP—COVER—and HOLD  
To avoid falling things





DROP—COVER—and HOLD

When the house shakes

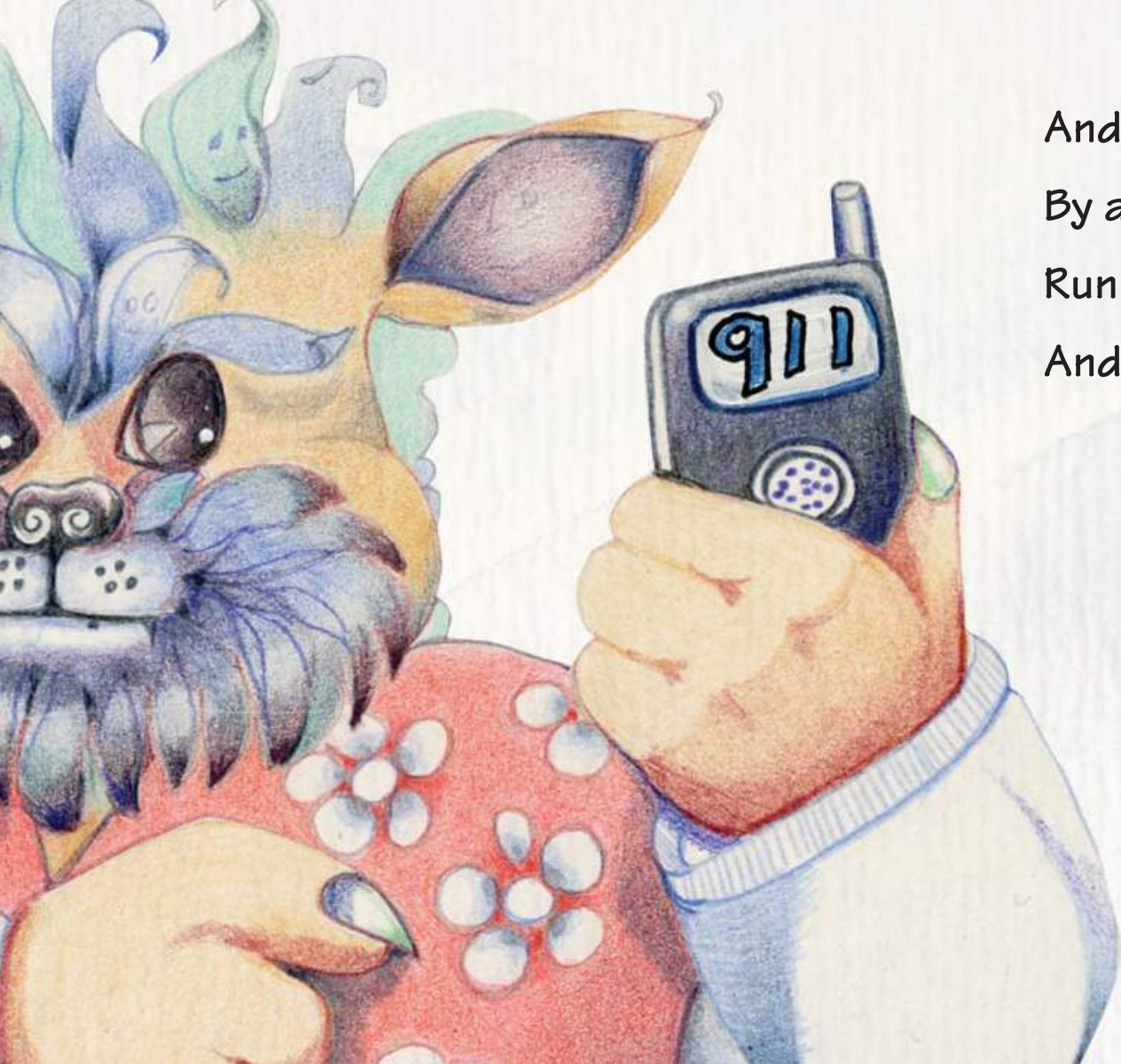
DROP—COVER—and HOLD

When there are earthquakes

We may have to leave  
And stay somewhere else fast  
Until our home is made safe  
And we're back here, at last!








And...If someone is hurt  
By a knife or a gun  
Run to the phone  
And dial 9 -1-1

Stay on the phone  
And do what you hear  
Tell them what happened  
They will soon be here





And if there's a tornado  
Where should we go?  
To a basement or room  
Without windows below

We'll wait 'til it passes  
It shouldn't be long  
But we won't come out  
Until it is gone



And if the sun's heat  
Makes it too hot to play  
When we're sweating and hot  
Day after day

We'll go where it is cooler  
Out of sun—into shade  
And drink plenty of fluids  
So our energy won't fade



And if you get lost  
In a store, park or street  
You will need an adult  
To help us re-meet



Find a nice lady  
And ask for her aid  
In following the plan  
That together we made







Tell her the number  
You want her to call  
So she can connect us  
In no time at all

And, there may be a time  
When we can't be together  
Like when you're in school  
During storms and bad weather





You need to be brave  
And do what they say  
Listen to the adults  
And do not go play

Stay away from the water  
Flooding the street  
Don't try to swim through it  
Or cross on your feet





Bad things can happen  
And scary ones too  
But I want you to know  
That I'll be there for you

We'll handle the emergency  
And together you'll see  
We can make things get better  
For both you and me



**County of Los Angeles Department of Public Health Emergency Preparedness and Response Program**

[www.labt.org/media](http://www.labt.org/media)

**Children preparedness**

[www.ready.gov/kids/home.html](http://www.ready.gov/kids/home.html)

**Los Angeles County Office of Emergency Services**

[www.espfocus.org](http://www.espfocus.org)

**American Red Cross**

[www.redcross.org](http://www.redcross.org)

**City of Los Angeles Emergency Management Department**

[www.lacity.org/emd](http://www.lacity.org/emd)

**Governor's Office of Emergency Services**

[www.oes.ca.gov](http://www.oes.ca.gov)

**National Poison Control Center**

1-800-222-1222



# 10 Essential Items:



**1. Water**



**2. Food**



**3. Cash &  
Important  
Documents**



**4. Clothes**



**5. Flashlight**



**6. First Aid Kit**



**7. Medicine**



**8. Radio**




**9. Toiletries**



**10. Tools**



# Build Your EMERGENCY Kit Today!





# A Children's Primer on Emergency Preparedness

*In loving memory...*

**Tony Taweesup**

*From the beginning planning stages Tony's great eye for design was instrumental in creating the vision and direction for this project.*



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